



TOPLINES

MARCH/APRIL 2021

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Officers 2021

President: Sue Quinn
Vice Pres.: Beth Santure
Secretary: Sue Proctor
Treasurer: John Schauer

Miniature Schnauzer Club
of MI decals & magnets are
still available to purchase.

Contact Debbie at
sercatep@yahoo.com.



AKC FIT DOG

Now more than ever, fitness is important for both dogs and people. The most commonly recommended exercise to improve fitness is walking. Walking is considered a safe activity that improves muscular strength, circulation, memory, weight loss, increases energy, helps with sleep, and reduces stress. The American Heart Association recommends walking a minimum of 150 minutes per week. Participation in the AKC FIT DOG program will bring health benefits to both you and your dog.

If you walk with your dog on a regular basis, join the ranks of AKC FIT DOG and get your free (5-3/4 inches) FIT DOG logo car magnet.

The AKC FIT DOG magnet proudly declares to the world that you are committed to your dog's health and fitness through regular exercise.

You can order your free magnet when you and your dog have met one of these fitness goals:

1. Walked at least 30 minutes 5 times per week for a total of at least 150 minutes per week for at least 3 months. *For dogs and people in good shape.*
2. Walked at least 15 minutes per session at least 10 times per week (e.g., two 15-min walks per day) for at least 3 months. *For dogs or people who would benefit from a walk that is a shorter duration, e.g., senior dogs.*

How to Get Your Magnet

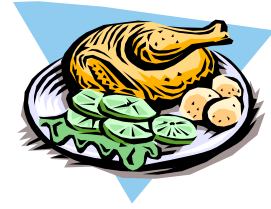
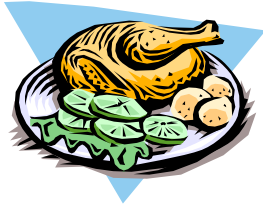
1. Complete your walks. Keep a record so you will know when you've met your goal. You can either keep your own records or use the form we have created for you, which can be located [here](#).
2. Complete the [Magnet Order Form](#). It's that simple! We'll send your magnet.

<https://www.akc.org/sports/akc-family-dog-program/akc-fit-dog/>

Miniature Schnauzer Club of Michigan

Dinner/Meeting

April 10, 2021



Bavarian Inn Restaurant

713 S. Main Street

Frankenmuth, MI 48734

Phone (800)228-2742

US-23/75 to Exit 136 (Birch Run) Turn East & proceed to M-83,
turn left, proceed to downtown, on the right after the covered bridge.

We are scheduled for the [MATTERHORN ROOM](#).

Cash Bar Social Hour at 5:00

Dinner served at 5:45 pm

General Meeting to follow

MENU:

Family style chicken dinner with all of the accompanying
side dishes plus dessert. Coffee, pop and tea included. Cash Bar.

Cost is \$33 per person (tax & gratuity included)

Children under 12 get a discounted price.

(club member's pay \$20 for their dinner, and also 1 guest per member pay \$20 for dinner, with the club picking up the difference. Members & guests will still be responsible for cash bar drinks.)

RSVPs by Friday, April 9th. Please RSVP to the google group, email:

quinndixie@gmail.com , or Sue Q. at 586-532-0725.

AS ALWAYS GUESTS ARE WELCOME!!



Club News:

MSCM Agility Trial

2021 Calendar of Important Events

April 10–

MSCM Dinner Meeting, Bavarian Inn, Frankenmuth, MI

June 12–

MSCM Meeting at Beth Santure's Milan, MI

July 30-Aug. 1–

MSCM Agility Trial, All Dogs Can, 2040 N. Lapeer Road, Lapeer, MI 48446

August 14–

MSCM Meeting at Joanne Forster's Elkton, MI

September –

MSCM Specialty

October 23–

Location TBD

December 11–

MSCM Meeting/Christmas Party, East Lansing, MI

AGILITY TRIAL RAFFLE- Members should bring raffle/silent auction donation items to the June meeting. These items will be used to prepare our annual raffle/auction at the July agility trial.

Already prepared baskets are desired, but not necessary. Individual items are also welcome. Silent auction items should be designated as such with an opening bid attached. Items should be new or "like new" and in clean, good condition. Gift cards are great too! Contact JoAnne Scott with any questions, ja.scott@comcast.net

Thank you!

We're on the Web!

www.miniatureschnauzerclubofmichigan.org



Photos from
March meeting



COVID-19 and Dogs' Sleep: Pandemic Routines Could be Stressing Canines Out

By [Mary Robins](#)

Mar 01, 2021 | [akc.org](#)

How much of the day should a dog spend snoozing? This perennial question has felt more pressing the past year, with humans locked down at home and able to pay much closer attention to their pooches' sleeping habits. So should your dog really be sleeping for 12 hours a day? Or is there a problem? Here's the lowdown.

Healthy Sleep Patterns in Dogs

The question of [how much dogs should sleep](#) has typically been hard to answer because the research was out of date—until [a new study](#) in December. Researchers set out to determine the healthy average sleep patterns for dogs, so that they could measure how conditions such as chronic pain affect their sleep.

The researchers stress that their findings aren't designed to reveal health problems in specific dogs. "Our study showed the overall pattern, the average, for a group of healthy dogs," Dr. Margaret Gruen, assistant professor of behavioral medicine at NC State and corresponding author of the work, says. "Within that group, there was still variability, and dogs' patterns may be a bit different day-to-day." With that in mind, here's what the study found, after observing 42 healthy adult dogs aged between two and eight:

- Most of the dogs studied had two peaks of activity each day: between 8 a.m. and 10 a.m., then later, between 5 p.m. and 11 p.m.
- All dogs were more active during weekends than on weekdays.
- Female dogs seemed to be more active during the evening peak than males.
- For lighter dogs, some activity occurred in a short window just after midnight.
- Older dogs were less active during the peak activity windows.

The key takeaway? Dogs are more active when humans are around: in the mornings and evenings, and on weekends. Not so surprising, perhaps, but this proven fact could have a huge impact on dogs' wellbeing now that humans are at home more than ever.

How the Pandemic is Affecting Dogs' Rest

One person who's been sounding the alarm about dog rest levels is Dr. Stephanie Borns-Weil, Clinical Assistant Professor specializing in Animal Behavioral Medicine at the Cummings School of Veterinary Medicine at Tufts University. "Dogs, like all predators, sleep a lot," Dr. Borns-Weil says. "Dogs can sleep 12 to 14 hours a day, depending on the age of the dog and of course on how much physical activity they get during the day."

So what happens when home offices and home schooling disturb the hours when dogs are used to getting some shut-eye? The consequences can be serious, Dr. Borns-Weil notes. "With COVID and the restrictions associated with COVID, there's been an explosion of dog bites," she says, [citing research published in June 2020](#). One hospital reported an almost three-fold [increase in children](#) experiencing dog bites, based on a month-by-month comparison with 2019. Dr. Borns-Weil

speculates that dogs' tiredness is feeding the trend.

Even outside of dramatic consequences, Dr. Borns-Weil has observed confusion and concern among dog owners over their dogs' perfectly normal needs for sleep and rest. Owners have come to her worried that their dog is depressed or behaving in an anti-social manner, when, in fact, they're sleeping the normal amount, and seeking solitude because they need downtime.

"What we're seeing is the dogs are around more, they don't have their normal activities, and people are around more, kids are around more, parents are working from home but they don't have attention for the kids because they're trying to work full-time," Dr. Borns-Weil notes. "So what we see is the dogs are not getting the rest and downtime that they need." She adds that, even in families that don't expect constant interaction from their dog throughout the day, the dog may feel an increased pressure to protect the home from intruders while the family is there—turning lockdown into a long period of doggy duty, in their minds.

How to Make Sure Your Dog Gets Enough Rest

So how much rest is enough, how much is too much, and how can you make sure your pup is well-rested in the new normal of pandemic life?

The starting point, Dr. Borns-Weil notes, is to "figure out what's the normal rest for your dog." At a certain level, you can trust your dog to tell you when they need sleep. "As the expression goes, let a sleeping dog lie," she says.

But there are exceptions to that rule. Dr. Borns-Weil notes that dogs who don't get enough stimulation during the day might spend more time sleeping than they need to—so start by making sure that your dog is getting enough exercise and interaction.

Once your pup has had as long a walk as they need, Dr. Borns-Weil recommends making sure they always have access to a "safe space" where they can go and be left alone—particularly if there are children in the home.

When the dog is sleeping, whether in their safe space or elsewhere, adults and children should call the dog to them, if they want to interact, rather than go to the dog's resting place. "And when you're calling the dog to ask to play," Dr. Borns-Weil adds, "don't think of it as a command, think of it as an invitation. Because some dogs, if you say come, they get up and come. It's better to treat it like an invitation, if you're not sure whether they're sleeping."

By creating the right environment for your dog to sleep comfortably when they need to, you'll also be in a better position to judge changes to their individual sleep pattern, which can be a sign of health problems. Dr. Gruen says that "changes to the sleep-wake cycle (particularly nighttime wakefulness) is one of the main signs associated with cognitive dysfunction syndrome in dogs," and that for dogs with chronic pain, sleep can be disturbed when they're not on anti-inflammatory medications. But for you to notice those changes to the norm, dogs have to be allowed to rest enough to establish their own norm.

It's been an exhausting year for everyone—dogs included. By protecting our pups' slumber, we can make life better for them and, by extension, the whole household.

Brags

GCHB CH Loneacre's Grand Slam CD,PCDX,BN,RA,MX,MXJ,OF,T2B,SCA,SWN
"Dodger"

Finished his Scent work Novice Buried Title on March 20, 2021. This finished all of the Novice level titles (Containers, Interior, Exterior, Buried) earning the Scent Work Novice Title. Owned/shown by Sue Quinn.



Breed & Obedience/ Rally 2021

April 28-May 2 Breed
Progressive/Pontiac
Chesaning, MI

May 7-9 Obed & Rally
Tri Cities Training Club
Flint, MI

May 22-23 Obed
Greater Brighton Collie
Club
Davisburg, MI

May 28-31 Breed, Obed,
Rally
Various KCs
Kalamazoo, MI

June 10-13 Breed, Obed,
Rally
Midland KC
Midland, MI

Agility 2021

May 1-2
AADTC
Whitmore Lake, MI

May 7-9
Grand Rapids Agility
Club
Dutton, MI

May 14-16
AADTC
Whitmore Lake, MI

May 20-23
Mt. Pleasant MI KC
Midland, MI

May 28-30
CDTC
Lapeer, MI

June 4-6
Sportsmens
Lapeer, MI

June 11-13
Up N Over Agility Club
Lapeer, MI

6-18-20
FDGWPC
Whitmore Lake, MI

June 19-20
Grand Traverse KC
Midland, MI

June 25-27
Kalamazoo KC
Kalamazoo, MI

MINIATURE SCHNAUZER CLUB OF MICHIGAN

TOPLINES

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January-February

March-April

May-June

July-August

September-October

November-December

Editor-Susan Quinn



SHOW CALENDAR

The objective of the Miniature Schnauzer Club of Michigan is to advance the principals and scientific practices in the breeding of purebred Miniature Schnauzers: foster co-operation between breeder, owner, and veterinarian; encourage the exchange of information and experience among the club members and between show-giving clubs; to conduct sanctioned and licensed specialty shows and matches; and to encourage the adherence to the high standards of conduct and to the rules and regulations of the American Kennel Club.